

Green beans



600g of green beans, with the ends cut off and cut into pieces about 4cm long (but whatever length you like) and washed

600ml of water

One stock cube

6 dessertspoons of tomato paste

2 dessertspoons of pepper paste

Prepare the beans and place in a saucepan with all the other ingredients.

Cover and bring to the boil, then reduce to low and simmer (still covered) until the beans are cooked to the firmness you like. Stir off and on throughout.

Gertie and Ruth

gertieandruth.com.au
Copyright©2016